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WEDNESDAY, DECEMBER 2, 2015

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## CITY OF THE CUP

We won and, on Tuesday, we partied metroNEWS

KEVIN TUONG/FOR METRO

# Manhunt ends in police shootout

**TRIPLE HOMICIDE**

## 19-year-old murder suspect in custody

RCMP shot a suspect in a triple homicide west of Edmonton while trying to arrest him at a location close to where the bodies were found on the weekend. Supt. Gary Steinke said Mickell Clayton Bailey, 19, of Edson,

was transported to hospital with serious injuries.

"Efforts to arrest the armed suspect peacefully were not successful today and he was shot by police," Steinke told a news conference Tuesday.

"This is a crime that has shocked local citizens, police and all Albertans. The murder of three innocent victims in their own home is unsettling for even the most seasoned police investigator."

Mounties found the bodies of Roxanne Berube, 36, another female and Daniel Miller on Sunday in the home they shared.

Autopsies have not yet been completed, but a police spokesman has said the victims suffered

"obvious trauma."

Police have not released the name of the second female, but friends and family on Facebook identified her as Berube's teenage daughter.

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## Second death at building

### CRIME

**Police say case unrelated to one 11 days ago at apartment**



**Andrea Ross**  
Metro | Edmonton

Homicide detectives are investigating a suspicious death at the same northeast Edmonton apartment complex where a woman was killed less than two weeks ago, and residents are growing frightened.

Police received a call to check on the welfare of a man found in the hallway at the Wyndham Crossing apartment building, at 4908 134 Ave, Tuesday morning.

When they arrived at around 6:15 a.m., they found a man who was dead.

Police say they have a "person of interest" in custody and that homicide detectives have spoken to witnesses. As of Tuesday afternoon, police said the man's next of kin had not yet been notified. An autopsy is scheduled for Thursday.

The suspicious death is not believed to be related to any other homicide investigation, police said in a news release.

Half a dozen police officers remained on scene at around 9:30 a.m. Tuesday, walking in and out of the building's south entrance and writing down licence plate numbers in the parking lot.

Police were called to the



**Sam Saleh, left, and Stephen Wanjala** say they plan to move out of the Wyndham Crossing apartment building, inset, after two suspicious death in as many weeks. ANDREA ROSS/METRO

same building on Nov. 21, where they found Crystal Bruce, 36, dead in her ground-floor unit.

Ashlee Dawn Bruce, 29, was later charged with second-degree murder, possession of an offensive weapon and assault with a weapon in connection to her death. Police have not revealed the relationship between the two women.

Stephen Wanjala has lived in the apartment above Bruce's for four years, and described



**It's no good for the kids. They're afraid all the time. All night they watch from the window.**

Sam Saleh

her as a "vibrant" and "sweet" mother who took care of many of the children in the building.

However, after Tuesday morning's suspicious death, he said he will be soon be moving out with his wife and eight-year-old daughter.

"It's getting out of hand," Wanjala said. "The main doors are always broken, people break the locks. It looks like every other day now something is going wrong."

Neighbour Sam Saleh said he didn't hear anything unusual

in the building overnight, but police came to his door at 8 a.m. Tuesday to ask questions.

Saleh has lived in the building for a year with his wife and three children, but said he's also planning to move out.

"We're scared," he said. "We're scared about the kids. It's no good for the kids. They're afraid all the time. All night they watch from the window."

"My daughter, all the time now, she's scared."

### LABOUR PROTECTIONS

**Farm bill goes ahead, amended**



**Ryan Tumilty**  
Metro | Edmonton

Premier Rachel Notley is sticking with plans to pass controversial farm safety legislation, but her government introduced changes Tuesday meant to make clear the bill won't target family farms.

More than a thousand people came out to protest the bill at the legislature on Monday, the second protest in a week. Notley said she understands their fears, but still intends to pass the bill in this session.

"The bill will pass this fall," she said. "The intent of this bill is to simply ensure that paid farm workers enjoy the same kind of protection that every other worker in Alberta and in Canada already enjoy."

The amendments the government introduced make it clear Worker's Compensation Board coverage only applies to paid employees and farms would only be subject to Occupational Health and Safety legislation if they have paid employees.

"We will amend Bill 6 to make clear what was our intention all along — that farm families would be exempt from those laws," labour minister Lori Sigurdson said in a statement.

Farmers have expressed concerns that the bill will prevent them from having family and friends volunteer on their farms and will add red tape. Notley said that's not the case.

"Kids will continue to be able to work on the farm as they always have," she said.

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# First day of cuts puts \$30 in your pockets

## BUDGET PROCESS

**Councillors trim proposed tax hike from 4.9% to 3.4%**



**Ryan Tumilty**  
Metro|Edmonton

On their first day voting on budget changes, city councillors trimmed the proposed 4.9 per cent tax increase for next year down to 3.4 per cent, saving the average homeowner about \$30 in the process.

Councillors voted unanimously to pay for the neighbourhood renewal program — which funds road and sidewalk upgrades — with dollars from a new provincial grant rather than Edmonton property taxes.

The change will extend into 2017, when the city hopes to use savings from other programs to pay for the renewal program.

Mayor Don Iveson said only the source of money is changing.



**This will have to be funded one way or another.**

Mayor Don Iveson



The city says a change in funding won't lead to delays in neighbourhood work. METRO FILE

"This will have to be funded one way or another and if the grants don't materialize and the savings don't materialize, then we will have to lift the suspension," he said.

"Slowing down on this very important program of work is not an acceptable option."

The renewal program has been funded with a largely consistent 1.5 per cent tax increase every year since 2009, gradually building up a fund that now takes on work several

neighbourhoods every year.

Coun. Andrew Knack attempted to push the city to cut the increase into 2018 as well, but was the only vote to support that idea.

Council will continue budget deliberations Wednesday and Thursday.

As things stand, the tax increase on an average home, valued at \$401,000, has dropped since city administrators released their budget proposal — it's down to \$82 in both

2016 and 2017, versus about \$109 in 2016 and \$113 in 2017 in the original proposal.

The vote to use provincial dollars for community renewal was unanimous.

But Coun. Tony Caterina said he was placing his trust in city administration that doing so wouldn't delay the work.

"I'm going to take your word for it that those that are in the queue right now are not going to be penalized for it," Caterina said.

## CITY HALL

# What did, didn't make budget cut

Councillors started voting on 67 amendments to the three-year operating budget Tuesday. Here's a look at what did and didn't make the cut.

## 1. No gallery cash

Free admission to the Art Gallery of Alberta became less likely, after city councillors voted against giving the gallery more money Tuesday.

The Art Gallery of Alberta wanted \$250,000 yearly, over three years, to transition to a free-admission model, which they hoped would bring in people and boost sponsorship dollars.

Council was split evenly on the decision, but tie votes at council are defeated.

Supporter Coun. Ben Henderson said voting for the funding was a smart business approach.

"It opens the doors to all those people who stand outside and take pictures of the building, but may not go inside."

## 2. REACH funding

REACH's 24/7 crisis team got more than twice the money they were asking for Tuesday.

The group was looking for \$500,000 to add a fourth van to their crisis team, which deals with vulnerable people.

But Coun. Andrew Knack championed boosting it to \$1 million.

He said the crisis team can take a load off police.

"By providing \$500,000 more, this is going to offset the need for additional police funding," he said. "We are going to save (the police) 10,000 hours a year responding to social disorder calls."

## 3. Domestic Violence

City Coun. Bev Esslinger wants the city to do more to prevent violence against women, and pushed a motion to fund a gender-based violence project worth \$188,000 into the budget votes.

Council voted unanimously in favour.

Esslinger said the city's disturbingly high domestic violence rates

have to be addressed.

"We have to stop this. We don't want to be known as Deadmonton or the worst place to live as a woman," she said.

## 4. Fight commission KO'd

The city's combative sports commission was put on notice that councillors are throwing in the towel after next year.

Councillors voted unanimously to cut its \$136,000 in yearly funding for 2017 and 2018, in a bid to have the responsibilities transferred to the province.

RYAN TUMILTY/METRO

**\$188,000**

**Cost of funding a gender-based violence-prevention project, voted unanimously into the city's budget voting.**

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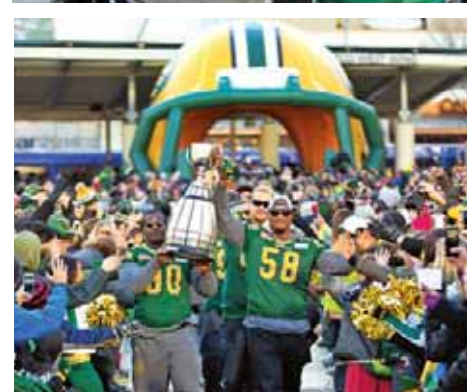
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# Ecstatic fans hail their team

At Churchill Square, thousands of screaming celebrants decked out in green and gold paid tribute to their team, which arrived hoisting the Grey Cup for the first time since 2005. Mayor Don Iveson joined them on stage. ALL PHOTOS: KEVIN TUONG/FOR METRO



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# Simply time to move on

ALBERTA HEALTH SERVICES

## No dark secret behind choice to resign: Kaminski



**Jeremy Simes**  
For Metro | Calgary

There are “no hidden, bad things happening” at Alberta Health Services, according to outgoing President and CEO Vickie Kaminski, who reaffirmed her resignation was for personal matters at an AHS board meeting Tuesday.

“It’s a tough job,” she told reporters. “There’s lots to do, you make your mark, (and) you move on.”

Kaminski turned in her resignation with “mixed feelings”

last week, and will leave the top post in the new year.

“It’s really, honestly, personal reasons,” she said. “This isn’t about anything underlying in (AHS).”

She said she had a “very honest” relationship with the government.

“They want to do what’s right for Albertans,” she said. “We’ve shared information and we’ve shared challenges, and certainly looking to do what they need done.”

The latest date Kaminski could remain AHS president and CEO is Feb. 27, though she could leave earlier, she said.

**“It’s really, honestly, personal reasons.”**

Vickie Kaminski

In May 2014, Kaminski left a similar position with the Eastern Regional Health Authority in Newfoundland and Labrador to take the reins at AHS, signing up for a three-year term.

Kaminski received a base salary of \$540,000 for her position, including standard management and out of scope health benefits.

**Vickie Kaminski**, outgoing president and CEO of Alberta Health Services. METRO FILE

She was the organization’s third permanent CEO, following appointments of Stephen Duckett and Chris Eagle.

Regarding leadership, Kaminski said the next CEO shouldn’t expect to stay with the health authority for more than three

years, given the changing nature of the position.

“You used to become CEO of an organization and stay there and staying until you retired or died, and that doesn’t happen anymore,” she said.

AHS board chair Linda Hughes said the board will immediately look to recruit someone for Kaminski’s job.

EDMONTON CATHOLIC SCHOOL BOARD

## Transgender policy closer to enactment



**Tim Querengesser**  
Metro | Edmonton

The Edmonton Catholic School Board passed the second reading of its transgender policy Tuesday and will await direction from the minister of education before passing the policy.

“It makes sense that before we do the final reading that our policy meets the intent and expectations set out in those guidelines,” explained board chairwoman Marilyn Bergstra.

Trustees debated six amendments to the policy passed back

in October. One amendment, which used the wording “unjust discrimination,” saw the board split — with the majority in favour of keeping the terminology and Bergstra and trustee Patricia Grell voting against.

After the first reading of the policy, the board consulted the community, and used feedback to address changes Tuesday.

The transgender boy at the centre of the story was referenced. Trustees noted his main concerns are which bathroom and change room he can use, which pronoun he is referred to with and his overall safety.

### IN BRIEF

#### Man suffers serious injuries after collision

A 23-year-old man is in hospital with serious injuries after being struck by a vehicle early Tuesday morning.

The driver of a Volkswagen Jetta was reportedly travelling westbound on 118 Avenue at around 3:15 a.m. when the Jetta allegedly hit

the man between 88 and 89 Streets.

EMS treated the man at the scene and took him to hospital. Police closed a portion of 118 Avenue as they continued to investigate later Tuesday morning.

The 34-year-old male driver of the Jetta was not injured. METRO STAFF

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Norma Dunning is the vice-president of the Inuit Edmontonmiut, a new group for Inuit in the city. ALEX BOYD/FOR METRO

## Navigation aid for Inuit

EDMONTONMIUT

### Group helps newcomers overcome culture shock

Alex Boyd  
For Metro | Edmonton

When Norma Dunning moved to Edmonton 25 years ago, she took her sons tobogganing and learned a lesson.

They raced down the hill on their sleds, something they had done at home many times before — only to be scolded by Edmonton parents.

"I didn't know you had to queue up to slide," Dunning said, laughing, "but I guess you do."

It was the moment of culture shock that sticks out most for Dunning.

Originally from Whale Cove, Nunavut, she's now a PhD student in Indigenous Peoples Education at the University of Alberta, and one of the driving forces behind a new group working to make sure Inuit new to Edmonton aren't as disoriented as she was.

Formed two months ago, the Inuit Edmontonmiut (Inuit people from Edmonton) plans to help newcomers navigate post-secondary institutions and medical services—two of the biggest things that draw people south.

Edmonton's Inuit population is growing. According to

Statistics Canada there were 1,115 Inuit here as of 2011, one of the biggest urban populations in the south (though Dunning argues that number seems too high.)

When Dunning arrived, many Edmontonians hadn't met anyone from the North, and asked her questions about whether she spoke Inuktitut or ate raw meat.

"It's important for (newcomers) to know people who have gone through that experience who can understand what it's like to be here and to function," she says.

The Inuit Edmontonmiut will also represent Edmonton in the new national urban Inuit strategy to be unveiled in March. A collaboration between southern Inuit groups, it'll cover things like housing, social services and health-care for Inuit living outside the north.

"What is at the centre of our group is providing a place where we can gather, where we can sit with one another, and form solid relationships with each other," she said.

"There is a great deal of comfort to be had in being in the presence of other Inuit."

66

**What is at the centre of the group is providing a place where we can gather.**

Norma Dunning

HEALTH

## U of A scientists excited by MS advances



Andrea Ross  
Metro | Edmonton

University of Alberta scientists are developing a treatment that could slow down the progression of multiple sclerosis.

The research study, recently published in the *Journal of Neuroinflammation*, focuses on reducing inflammation in the brain, a factor scientists

believe is a key contributor to the muscle disability that results from the disease.

Multiple sclerosis is an autoimmune disease that damages the nerves in the brain and spinal cord, affecting the entire nervous system.

Current treatments mainly focus on preventing relapses, and can result in significant side effects, said Fabrizio Giuliani, the lead study author and associate professor in the Fac-

ulty of Medicine and Dentistry.

"The approach we have tested ... will instead block more of the progression and disability," Giuliani said.

"This is the first kind of treatment that actually seems to be able to slow down the neurodegeneration, the disability, compared to other treatments."

Researchers examined an enzyme called granzyme B, which damages nerve cells and

the brain.

They found that by suppressing this enzyme, they could slow the progression of MS symptoms in human cells.

Giuliani said the treatment is still at the pre-clinical, experimentation stage, but said he expects to start clinical trials within the next few years.

"We are excited because this can open a completely new venue of potential treatment," Giuliani said.

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**BROKEN BONDS | PART II**

A mother-baby unit at Alouette Correctional Centre for Women is seen in handout photos. When the unit was renovated last summer, each room was outfitted with a cot, a crib and a rocking chair. The rooms open into a common area with a kitchen, a high chair, soft seating and a play area with books and toys. No one has been admitted to the unit since the renovation. B.C. MINISTRY OF JUSTICE

After a troubled killer gave birth and lived with her newborn in a B.C. jail, the program that made it possible died. A judge later revived it, but the nursery remains empty.

# ‘It was easy to jettison their rights’

**Sidney Cohen**  
For Metro

On Canada Day 2006, 33-year-old Lisa Anne Whitford shot and killed her common-law partner, Anthony Cartledge, on a rural property near Prince George, B.C.

According to court records, Whitford called police the next morning and, when RCMP arrived at the home, they found her drowsy, confused and slurring her words. Cartledge's body was wrapped in blankets and hidden under a canoe.

Whitford was a few weeks pregnant at the time, and Cartledge was the father.

In the court case that followed, details of the accused's tragic life were laid bare.

Whitford, who is indigenous, was born to an alcoholic mother. When she was still a child, her mother's boyfriend sexually abused her. She began using drugs and alcohol at age 11, was living on the streets of Calgary at 14 and was strangled and raped when she was 17 by someone she considered a friend. Whitford has visited emergency rooms at least 41 times.

In his sentencing of Whitford, Justice W. Glen Parrett called her case "one of the bleakest ... I had ever encountered."

Whitford gave birth to her daughter Jordynn on March 12, 2007, while on remand at the Alouette Correctional Centre for Women. She was permitted to keep her baby in the jail, so Jordynn could breastfeed and bond with her mother.

Under the jail's "mother-baby" program, inmates who gave birth in custody were allowed to keep their newborns with them.

Ultimately Whitford, who was abused physically and emotionally by Cartledge during their relationship, pleaded guilty to manslaughter and was sentenced to six years in federal prison.

The judge decided that, with

public safety, to express concern about "the message that is sent to serious offenders when they are permitted to retain custody of a child while incarcerated."

\*\*\*

Jordynn was the last baby to live inside Alouette.

In February 2008, the mother-baby program ended. Brent Mer-

chants risks and benefits before shutting it down.

Ross found that no child had been harmed in the program.

The judge also ruled that the charter right of the mothers and babies to security of the person was violated because separating infants from their mothers was contrary to their best interests, as it interfered with bonding and breastfeeding.

The separation was harmful to the mothers as well, who were devastated by losing their babies. Some would lose them permanently.

"An inescapable consequence of Mr. Merchant's decision was that the state would place in care some infants who, but for the decision to cancel the program, would have stayed with their mothers," Ross wrote in her decision.

Merchant, who is now assistant deputy minister in B.C.'s Ministry of Justice, declined repeated requests for an interview.

Ross also found the closure discriminated against indigenous women, given their overrepresentation in Canadian prisons and Canada's history of removing indigenous children from their families.

Ross's decision was released in December 2013, and a \$163,000 renovation to the unit where mothers had once lived with their babies quickly followed.

On June 16, 2014, B.C.'s Ministry of Justice announced the program's reopening and took media on a tour of the refurbished mother-baby unit.

But not one baby has yet been

admitted to the new space, despite three inmates having given birth since the program was re-established.

A Nov. 19 email from B.C. Corrections spokeswoman Cindy Rose says that the program is "open with dedicated space at (Alouette) and is available for use as soon as it is needed."

"With respect to why no women have participated in the program to date," Rose's email continues, "one inmate did apply and was accepted, but was released after giving birth. ... In two other circumstances, MCFD determined the parents could not safely care for their infants."

In all, 26 babies have been born to Alouette inmates since Jordynn Whitford left Alouette. Fourteen of those babies were placed in state care.

Former warden Brenda Tole oversaw Alouette's mother-baby program from 2004 to 2007. When she was in charge, she says, women who gave birth while incarcerated and wanted to bring their babies to Alouette were routinely admitted absent a "very, very valid reason." There was no application process; rather, Alouette staff, community agencies, MCFD and the B.C. Ministry of Health decided ad hoc what would best serve the moms and babies.

Now, Tole says, "the onus is on you to convince everybody that you can have your baby; otherwise, they're going to take it away."

In order to qualify for the program today, B.C. Corrections

says, an inmate must have no history of "serious offences that could jeopardize a child's safety," or health conditions "that could put children at risk."

"There's an underlying dynamic that women who are incarcerated are not good moms," Tole says. "Because they're in trouble with the law, because they haven't handled their life very well, that they can't provide support to this baby."

"Because somebody killed an abusive partner, doesn't mean that they're not going to nurture their kids," says Tole.

\*\*\*

Lisa Anne Whitford and Jordynn aren't together today, but Rauch says that at Fraser Valley, they thrived.

At Alouette, mothers and their babies haven't had that chance for nearly eight years.

## Broken Bonds

### PART I

**"A success story"**  
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### PART II

**"It all falls apart"**  
Wed. Dec. 2

### PART III

**"What now?"**  
Thurs. Dec. 3



**Women who are incarcerated are disproportionately aboriginal. They're not politically influential.**

Mary Ellen Turpel-Lafond, Children's Advocate

support from B.C.'s Ministry of Children & Family Development (MCFD), Whitford could bring her baby with her to Fraser Valley Institute for Women, in Abbotsford, B.C., making Jordynn the first child to take up residence in a federal penitentiary in the province's history.

"It is in many respects startling," said Justice Parrett, "to consider incarcerating in a federal institution the accused's new child who is still under the age of one." But, he added, "this may be the last and best chance for you. ... The alternatives would appear to be even bleaker than your past."

Word that a child would spend the early years of her life behind bars with her mother, a convicted murderer, quickly spread.

The Vancouver Sun ran a splashy story with the headline, "Killer to raise baby in prison." The Globe and Mail reported that Whitford's case prompted Stockwell Day, then minister of

chant, head of adult custody in B.C. at the time, later claimed in court that B.C. Corrections couldn't guarantee the safety of babies in jail.

B.C. Children's Advocate Mary Ellen Turpel-Lafond says shutting down the mother-baby program was a political and ideological choice.

"Women who are incarcerated ... are disproportionately aboriginal, minority women who have experienced abuse," she says. "They're not considered to be a politically influential group."

"It was easy to jettison their rights."

In November 2008, Alouette inmates sued to reopen the program, arguing the closure violated their charter rights to equality and security of the person.

At the end of the five-week trial, B.C. Supreme Court Justice Carol Ross ruled in favour of the inmates. Evidence presented in court revealed that B.C. Corrections didn't assess the program's



# 66% Spike In Recent Foreclosures Plus Aging Baby Boomers Downsizing Creating Discounted Property Frenzy In U.S.

## New Real Estate Bonanza

Right now while you are reading this, hedge funds are buying U.S. property in mass. Foreign nationals are loading up on houses as fast as they can. Some savvy individuals are snapping up housing in the U.S. like never before.

In October, *Reuters* reported private investment firm Starwood Capital Group got in the game. They purchased 23,262 mid-rise and garden-style apartments for a whopping \$5.37 billion. Other hedge funds are buying entire subdivisions under construction.

The Chinese are the number one overseas investors of U.S. real estate. Often they will buy 10 condos at once, sight unseen.

Does all this investment activity show the U.S. headed for another property bubble? The answer is no.

Demographics are driving demand for rental property to heights unseen in American history. *Bloomberg Business* says rents are only going higher.

The Millennials saddled with student debt, are choosing to rent. Others want to live in cities and avoid long commutes home ownership often demands.

One of the fastest growing demographic segments in the U.S. is those over age 65. Their downsizing activity is flooding the market with discounted property.

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Foreclosures clogged in the U.S. courts are now surging. Those that know how are gaining windfalls of opportunity for flips or portfolio growth.

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**Warren Buffet told CNBC he would buy a couple hundred thousand single family homes if he could.**

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# PM faces nannygate

## POLITICS

### Public footing the bill for the Trudeaus' nannies

Prime Minister Justin Trudeau was attacked on social media as a hypocrite Tuesday after news reports that his cabinet had put on the public payroll two nannies to care for his three young children.

The orders-in-council said the women — Marian Puego and Marilou Trayvilla, whom the Ottawa Citizen reported had been working for the family prior to the election — were appointed to be special assistants to Trudeau and his wife Sophie Gregoire-Trudeau at the Prime Minister's residence.

They are being paid \$15 to \$20 hourly for daytime work and \$11 to \$13 for the night shift (effective the Nov. 4 swearing-in of Trudeau's government) and will help care for Xavier, Ella-Grace and Hadrien.

Kate Purchase, the prime minister's director of communications, told the Star in an email that "given the nature of the prime minister's responsibilities



**Marilou Trayvilla, one of two women employed to take care of the Trudeau children, is seen at left in the pink jacket, as she joins Prime Minister Justin Trudeau and family upon their arrival to the swearing-in ceremony last month.** SEAN KILPATRICK/THE CANADIAN PRESS

## \$3,400

The UCCB amount the Trudeaus will receive this year and have said they will be giving to charity.

and young family, the Trudeaus employ two household employees who, in addition to performing other duties around the house, act as secondary caregivers to the three children."

She did not reply to requests for elaboration on their duties, or to explain why the prime minister thought taxpayers should foot the bill. The news was intriguing for several reasons.

He repeatedly attacked Conservatives plans for enhanced universal child care benefit and income-splitting for families. Trudeau promised to give his \$3,400 a year UCCB benefits to charity.

By expensing such costs, which his personal wealth would have made easy to pay, he obliges Canadians to consider how much

support is required to make high public office possible for women and men with young families or for single parents.

Nancy Peckford, of Equal Voice, said: "Here's a person with a young family in need of some critical child-care support for obvious reasons. His job is running the country and those supports are necessary."

TORSTAR NEWS SERVICE



**Rosemary Westwood weighs in on nannygate**  
**metroVIEWS**

## JORDAN

### Refugees start journey to Canada

Maher al Halabi emerged from his interview with the UNHCR last Saturday with the coveted "number one" in his hand, on a small piece of paper in bold black ink. That paper — a golden ticket — means he, his wife and two children, Ghassan, 7 and Mohammed, 18 months, made the cut. They will have a second interview Dec. 8 with Canadian officials, at the newly opened refugee processing centre outside Amman in Marka.

"I want to go to Canada so badly, for the sake of my children. I am a young man, I will do anything there," said al Hal-

abi, 30, who hopes he passes the medical and security screening.

As word of Canada's resettlement plan seeps out among the Syrian community in Jordan, refugees pray they can beat the odds. If all goes well, al Halabi's family will be among the first of the 10,000 refugees from Jordan to arrive in Canada late next week; the remaining 15,000 will come from Turkey and Lebanon.

In the last two weeks, the UNHCR in Jordan has interviewed thousands of Syrians to come to Canada, said spokeswoman Helene Daubelcour.

TORSTAR NEWS SERVICE



**Maher al Halabi and his son.** TORSTAR NEWS SERVICE



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Global Affairs Minister Stéphane Dion. THE CANADIAN PRESS FILE

# We can do more: Dion

NATO

**Minister says Canada can contribute in a training role**

Stéphane Dion walked through NATO's doors Tuesday suggesting he won't have to do much of a sales job over the impending withdrawal of Canada's jets from the U.S.-led bombing campaign against militants in Iraq and Syria.

Other countries, including North Atlantic allies, understand the warplanes have played only a small part in the effort, and that Canada will be more effective in a training role, Dion said on his way into a meeting of foreign ministers.

"There are a lot of things where Canada may be a great supporter, instead of delivering

two per cent of the airstrikes," the global affairs minister said.

Dion also indicated the signals he and Prime Minister Justin Trudeau have received at other international conferences indicate that Canada's new policy is "well understood."

As of Nov. 19, Canada had carried out 199 airstrikes out of a total of 8,289 coalition raids — or 2.4 per cent.

It remains unclear when the jets will be coming home — or what a beefed-up training commitment would look like — but Dion could see a menu of opportunities before him during the two-day ministerial meeting which began Tuesday.

The war against the Islamic State of Iraq and the Levant, also known as ISIL or ISIS, is not a NATO mission, but almost all members contribute in one form or another to the U.S. coalition.

THE CANADIAN PRESS

## IN BRIEF

### Immigration minister fears 'backlash' against refugees

Canada's immigration minister says he is wary of a possible "backlash" against Syrian refugees by Canadians if the newcomers are seen to be given privileged treatment.

"Canadians are struggling for jobs themselves. Canadians have been waiting, in some cases, years for social housing," John McCallum, the minister of immigration, refugees and citizenship, said Tuesday. "There's a possibility of a backlash against refugees if Canadians see them as being pampered."

MICHAEL WOODS/METRO

### Foreign affairs staff hated the Harper Tories: Email

A U.S. official expressed amazement at how deeply detested Canada's Conservative government was by some employees of the Foreign Affairs Department.

That impression was described in a note sent three years ago to Hillary Clinton, who was then the secretary of state and whose emails are being publicly released. It was contained in a message where a U.S. official described how his colleagues here pleaded for his help lobbying the Canadian government not to cut a program for Haiti. THE CANADIAN PRESS



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# Leaders call for pricing on carbon

## CLIMATE CHANGE

### Set cost would cut emissions, conference delegates hear

One of the smartest ways to fight global warming is putting a price on carbon dioxide pollution, according to key world leaders at the international climate summit in Paris, including Canadian Prime Minister Justin Trudeau.

Either a tax on carbon dioxide emissions or putting a price on carbon and trading carbon pollution like pork bellies would help use capitalism to get closer to a day when the world isn't adding heat-trapping gases to the atmosphere, said leaders of Canada, France, Germany, Chile, Mexico and Ethiopia, as well as heads of the World Bank, International Monetary Fund and Organization of Economic Cooperation and Development on Monday.



**U.S. President Barack Obama makes a speech during a press conference on Tuesday in Paris.** PASCAL LE SEGRETAIR/GETTY IMAGES

"I have long believed that the most elegant way to drive innovation and to reduce carbon emissions is to put a price on it," U.S. President Barack Obama said Tuesday. "Obviously I'm not under any illusion that this Congress will impose something like this."

The number of countries, provinces, states or cities putting a price on carbon has tripled in the past year and is

now at 40, including some U.S. states, World Bank Group president Jim Young Kim said Monday.

Kim and others pointed to straight carbon taxes in British Columbia, Sweden and France as examples of what works.

Trudeau said British Columbia's "world class" carbon tax proves such a device doesn't harm the economy.

THE ASSOCIATED PRESS

## HILLARY CLINTON

### Emails offer peek into personal life

Roughly 7,800 pages of emails released Monday were part of a court-ordered disclosure of correspondence sent from the private server Hillary Clinton used while she was secretary of state.

Clinton has faced questions about whether her unusual email setup was sufficient to ensure the security of government information and retention of records.

Here's a closer look at some of the messages that churned through Clinton's in-box in the batch released Monday:

#### HEALTH POLITICS

Get-well-soon notes poured in from across the globe after Clinton picked up a stomach virus in 2012.

Hollywood mogul Harvey Weinstein emailed her aide, Capricia Marshall, offering to send Clinton copies of any movies she wanted to watch while recuperating.

#### 2012 ELECTIONS

Although Clinton wasn't on the ticket in 2012, she and her supporters followed the race for president closely.

In a January 2012 note, during the heat of the Flor-

ida Republican primary, Clinton refers to Mitt Romney as "Mittens" and Newt Gingrich as "Grinch."

"If Mittens can't beat Grinch in Florida, there will be pressure on state Republican parties to reopen or liberalize ballot access," she writes to confidant Sid Blumenthal.

#### KEEPING THE TEAM

In November 2012, Samuel Kaplan, a Minneapolis lawyer and major Democratic donor who was appointed U.S. ambassador to Morocco, secured a private meeting with Clinton to discuss how he and his wife "might hope to be allied" with her in the future.

#### KISSING UP

Clinton's aides and supporters showered her with gushing praise, complimenting everything from her appearance to her policies, and the volume and emotion of those messages only grew as her tenure in the Cabinet came to an end.

"I'm being flooded with emails about how you rocked," deputy chief of staff Huma Abedin wrote in one email. "And you looked fabulous."

THE ASSOCIATED PRESS

## IN BRIEF

### School fire kills six kids, injures three others

Turkey's state-run news agency says six children have died in a fire that broke out at a school in Karaagac village.

Three other children were injured Tuesday in the fire believed to have been caused by a heater.

THE ASSOCIATED PRESS

### WHO wants Ukraine to declare polio emergency

The World Health Organization is urging Ukraine's health ministry to declare a state of emergency due to a polio outbreak.

The move is meant to boost government action in a country where half the children have not been vaccinated against polio.

### Police make new arrest in Paris attacks

A woman was arrested Tuesday in a Paris suburb for suspected links to an intermediary to the only man charged in connection to the Paris attacks.

Officials said the woman is the intermediary's partner.

THE ASSOCIATED PRESS

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## TECHNOLOGY

# Startup sniffs out drunk drivers

Inside a few Canadian school buses a new sensor technology is helping keep drunk drivers off the roads. It's part of a test project underway at Sober Steering, a Waterloo, Ont.-based startup that aspires to make the breathalyzer obsolete with a different way to monitor blood-alcohol levels that's both faster and cheaper.

Sober Steering uses touch-based biosensor technology to monitor the person behind the wheel, essentially sniffing alcohol through their skin. Before they start the engine, the driver must place their palm on a sensor built into the steering wheel to activate the vehicle's ignition. When they're on the road, Sober Steering requires the driver to "check in" with the system to ensure they haven't sneaked a few sips.

Catherine Carroll, Sober Steering's chief operating officer, believes the technology could reshape how we monitor drinking and driving. Plans are to gradually roll out Sober Steering in fleet vehicles, like construction machinery and coach buses.

The school bus industry is helping launch the concept, partly because it is a lightning rod for attention when drivers are caught intoxicated. "It's a springboard into other vehicles, but also there's something inherently emotional about a big yellow school bus," Carroll said.

THE ASSOCIATED PRESS

66

It's a springboard into other vehicles.

Catherine Carroll



**Chinese artist Wang Renzheng uses an industrial shop-vac along a highway in Beijing on Tuesday.** Wang spent 100 days vacuuming the Beijing air, then baked the dust and pollutants into a brick (inset). THE ASSOCIATED PRESS; INSET: COURTESY WANG RENZHENG

# Another brick in China's smog wall

## PERFORMANCE ART

## Dust Project illustrates level of pollution in China's capital

For four hours every day, for 100 days, Chinese artist Wang Renzheng used an industrial vacuum cleaner to suck in Beijing's notoriously polluted air at various landmarks.

Passersby were intrigued, inquiring if he was an air sanitation worker, or if he was taking air samples, or if he could be hired to do air sweeps of their apartments, Wang recalled.

The 34-year-old artist hopes the performance art — dubbed the Dust Project — can sharpen the public's sense of China's air quality.

Coincidentally, the project's 100-day phase of dust-collecting ended Sunday — right in the middle of this year's worst pollution spell in Beijing, when its landmark buildings disappeared into thick smog and residents were asked to stay indoors.

Monitoring sites reported that the density of the tiny, poisonous PM2.5 particles had reached more than 40 times the safe level set by the World Health Organization.

Wang said that his 400 hours of air-sucking had netted 100 grams of dust, which has been added to a mixture to make a brick at a factory in the northern city of Tangshan.

The 100 grams were more than he expected when he first embarked on the project on July 24 with the \$1,100 vacuum cleaner.

The brick will be used in

## THE FALLOUT

### Fifth day of bad air quality

Schools kept students indoors and parents brought their kids to hospitals with breathing ailments Tuesday as Beijing grappled with extremely severe air pollution for the fifth day. Readings of the tiny poisonous PM2.5 particles reached 600 micrograms per cubic metre, as compared with the World Health Organization safe level of 25.

construction along with other bricks.

"It should just disappear like a drop of water going into the sea," Wang said.

THE ASSOCIATED PRESS

## CRIME

### Student pleads guilty to turtle-smuggling

A University of Waterloo student caught with 51 turtles in his pants last August at the Windsor-Detroit border crossing has pleaded guilty to smuggling in a Michigan court.

Kai Xu, 27, would order turtles online, travel to the U.S. to pick them up and then ship them to China or return with them to Ontario.

Xu "regularly deals in turtle shipments worth \$30,000, \$80,000 or \$125,000," Assistant U.S. Attorney Sara Woodward said in a court filing.

THE CANADIAN PRESS

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## URBAN ETIQUETTE ELLEN VANSTONE



### THE QUESTION

**For our son's wedding, the couple requested donations to their honeymoon fund in lieu of gifts. One of our friends told my wife how offended she was by this. We haven't spoken to them since. Should she have kept her objections to herself?**

Dear Ellen:

Our oldest son got married in September. Both partners were established with their own homes, and when they moved in together had everything they needed for their household. As a result, when they sent out their wedding invitations they requested donations to their honeymoon fund in lieu of gifts. We had invited some of our best friends to the wedding. At a party before the wedding, one of our friends took my wife aside and indicated how offended she was by this request. Because of this "confrontation" we uninvited them and haven't spoken to them since. Should she have just kept her objections to herself and bought them a gift anyways? And did we overreact? They are long-time friends and I am quite amazed that a wedding invitation has come between us.

Joe, Scarborough, Ont.

Dear Joe,

I'm sorry to hear that your son's wedding caused so much strife. I could offer platitudes along the lines of "at least you didn't become estranged from any relatives," except that losing a friendship is sometimes more painful than losing touch with a loathsome aunt or uncle.

There are a few layers to your question, so let's start with the affianced couple's request for money. To some old-school types, like your friends, and me, straight-out asking for money does feel a bit crass. The point of a wedding gift is not just to help



Ani Castillo

a young couple get started, but to give them a tangible reminder that you were there when they became as one. I have friends who still cherish the beautiful martini set I gave them years ago, and other friends who curse my name to this day for the crystal candle holders that became problematic if you drunkenly forget to douse the candles at the one-inch mark, at which point the flames can crack the crystal — why do they even make crystal candlesticks anyway? It's stupid. My point is, envelopes of cash, though always welcome, can be impersonal.

In your son's defence, I will concede that, as you point out, most couples today are already shackled up and have all the gadgets and linens they need, which can make choosing a gift difficult. For many parent-aged guests, it's vastly

easier to write a cheque than try to guess what kind of vase will go with moustache wallpaper or faux-fur upholstery (though an ironically customized, oversized mason jar would probably do the trick).

Whatever the guests' views are, however, it is absolutely wrong to confront the groom's mother to complain and risk ruining what is already a super-stressful event. The point of good manners is to have them even when you think others do not. If your friends were that irritated, they could easily have ignored the request and made the couple work for their cash by giving them a highly returnable candy dish from Birk's.

Or, if they wanted to send a more explicit disciplinary message of resentment, a simple set of hideous beach towels and matching, unpackable sombreros would have

done the job nicely.

As for whether you overreacted by uninviting them, I cannot say. It depends on how aggressive the "confrontation" was, and on why you put the word "confrontation" in quotation marks. Are we talking disagreement through gritted teeth here? Or hand-to-hand combat?

If it makes you feel any better, keep in mind that your friendship may have been on its last legs anyway. Weddings are the kind of traumatic social event that acid-tests every relationship. Wish your friends well, and see how you all feel in a year or so.

And please make sure your son and his spouse send thank you cards for every penny they rake in.

**Need advice?**  
**Email Ellen:**

scene@metronews.ca

## ROSEMARY WESTWOOD

metroview

### Never mind Nannygate. The real scandal is wealth inequality.

Nannygate? Please.

So the most powerful person in this country is the parent to three children, and married to a woman with a career of her own and now the added duties of being a prime minister's wife.

So the Liberal government hired a few nannies to help out around Rideau Cottage and lend a hand with the kids.

So what?

Yes, I know, Trudeau made a big to-do during the campaign about exactly how much his family doesn't need taxpayer dollars to cover child care.

Railing against the Conservatives' Universal Child Care Benefit that funnelled about \$3,000 his way, he told media that "we don't need it. And Canada can't afford it."

And, now that he's in office, taxpayers are most assuredly paying more than three grand a year for two nannies, at \$11 to \$20 an hour each, depending on whether they're working a day or night shift.

But did anyone actually think that, of all the perks that go along with being prime minister, child care wouldn't be included? Do taxpayers somehow feel morally OK with paying for his in-house chef, and not his nannies?

Being prime minister isn't a blank cheque, but it is a privileged position, and I couldn't care less that we're supporting two child-care professionals along with the gardener.

Far more important — and the point of all of Trudeau's anti-child-care-benefit rhetoric — is the need to address the growing inequality between people in this country. According to the Broadbent Institute, the richest 20 per cent of Canadians own almost 70 per cent of the country's wealth. Last year, TD Bank called rising inequality a "threat to economic growth" — and it's most certainly a threat to the ability of many Canadians to afford quality child care.

And if you want to talk about nannies, let's talk about how much they're paid (hint: it's less than the chef). My sister worked for years as a nanny. Often spending more time with children than their own parents could, she moulded the kids she worked with, giving them basic tools to handle their emotions, teaching them self-respect and responsibility, never mind joy and self-expression. It was not particularly lucrative, though the families she worked with did pay her in gratitude. And it showed me that we value coding skills, say, over raising kids.

Nannygate could better earn its hand-me-down name if it alluded to some of these more pressing scandals in Canadian child care. What the Globe and Mail calls Trudeau's "apparent contradiction" is an incredibly underwhelming controversy, at best.

**The point of good manners is to have them even when you think others do not.**

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# Golden ways to goose eggnog

## HOLIDAY DRINKS

### Modern takes on a traditional festive tipple

**Melissa Dunne**  
For Metro Canada



'Tis the season to don ugly Christmas sweaters whilst sipping on eggnog à la the Griswolds in National Lampoon's Christmas Vacation.

The drink with the consistency of a melted milkshake is traditionally made from scratch with eggs, milk, cream and sugar, then finished off with a sprinkling

of spices. Domestic goddess/woman after my own heart Martha Stewart spikes her homemade eggnog with not one, not two, but three liquors (bourbon, dark rum and cognac).

**GULP**  
We bought more than 7.6 million litres of eggnog in the last two months of 2013, according to the latest Statistics Canada data.

Most of us are not Martha, so we end up just buying whatever carton of eggnog happens to be on sale at the grocery store. We bought more than 7.6 million

litres of eggnog in the last two months of 2013, according to the latest Statistics Canada data. It's certainly not all good — much of the mainstream stuff has an odd consistency and even odder fluorescent-tinted hue to it.

Books like Alissa Hamilton's *Got Milk?* and vocal veg-an celebrities such as Alicia

Silverstone have many of us thinking twice about putting conventional cow's milk into our bodies.

But, no need to shake your noggin in despair as in recent years Santa and his elves have whipped up a slew of organic and alterna-nogs so everyone can partake in a little Christmas in a cup this holiday season.



### YOU MADE THIS?!

Silk sells a soy nog in the U.S., but sadly it's not available here. Instead, the makers of Silk alternative milks suggest blending one cup of the alterna-milk of your choice (almond, rice, soy, coconut, cashew etc.), 1/2 a frozen banana and 1/2 tsp of vanilla. Then add spices, such as turmeric, cinnamon and nutmeg to taste. Pour your nog into a Marty Moose Mug (\$36, Urban Outfitters) and get ready to channel your inner Clark Griswold.

### IS THAT ORGANIC?

Not only is Organic Meadows eggnog organic it's also GMO-free and kosher. The creamy concoction is made at the family farm in Guelph, Ont., with fresh Ontario eggs and milk. It comes in a carton or a returnable glass bottle at select stores for between \$5.99-\$7.29 in the Greater Toronto Area. If you're outside of the area and are passionate about supporting farmers in your community ask around to find a local brand that makes an organic eggnog.



### PUT THE NOG IN THE COCONUT

In America there are rows upon rows of alterna-nogs at stores this time of year. On this side of the border, the options are more limited. Good news for those who are off dairy these days: So Delicious sells a seasonal coconut milk nog at select stores, including some Whole Foods Markets for about \$3.99. The nog features organic coconut milk and organic cane sugar. Add a cinnamon stick, plus a splash of liquor of your choice and toast to Christmas miracles. Ask around to find a local brand that makes an organic eggnog.



### FESTIVE ALMOND MILK

Vancouver's Earth's Own puts out a Noël Nog this time of year that's sold at select stores including some Whole Foods, Sobeys, Metro and Safeway for about \$2.99. The festive drink is dairy- and egg-free and features filtered water, almonds and cane sugar. Make sure to have a bottle on hand at your next holiday party so your vegan friend can partake in some spiked nog, too.



### ADD A JOLT OF CAFFEINE

Many indie coffee shops sell eggnog lattes with organic milk this time of year that will turn even the biggest Grinch into a bundle of caffeinated joy. Balzac's Coffee Roasters puts a very modern twist on the traditional drink this season, offering up a blend of nitro cold-brew coffee and Harmony Organic's eggnog for \$4.75, only available at its Distillery District location in Toronto. Invent your own version by mixing your favourite nog and cold brew together. Cheers to Eggnog Season!



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# Beat the blues with yogurt

## NUTRITION

### Study finds probiotics help with negativity

**Theresa Albert**  
For Metro Canada



Feeling a little moody? Maybe you want to try some yogurt to beat the blues.

New studies have the nutrition world saying "I told you so" as they confirm that gut bacteria contributes to the management of mind and mood. The mechanisms aren't clear yet, but the years of research on animals has been convincing enough to gain the focus of many researchers to start testing the impact of probiotic supplementation on humans.

Both Leiden and Cambridge Universities are in the news for confirming that it appears to hold true that humans experienced

decreased sensitivity to depression and negative stimuli when taking probiotics. In the Leiden University study, administering probiotic powder to participants resulted in reducing the occurrence of rumination, a predictive behaviour in depression.

Mental health aside, it is never too early to start improving the health of your gut bacteria, particularly if you have been on antibiotics.

Here are some foods that could help rebalance your gut:

- Fermented yogurt, soy milk or kefir
- Fermented foods like tempeh, kimchi, sauerkraut and miso soup
- Prebiotic foods that help feed the active probiotics: inulin, chicory root (in coffee substitutes), onions, garlic, artichokes, sweet potatoes and bananas.

Maybe your gut feeling is true and it isn't all in your head after all.

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food



**Both Leiden and Cambridge Universities have recently published studies linking probiotic consumption with decreased sensitivity to depression.** TORSTAR NEWS SERVICE

## LIQUID ASSETS

### Raise a Shiraz for Australian wine

**Peter Rockwell**  
For Metro Canada



While we here in Canada prepare for Old Man Winter, Down Under my winemaker friends are waxing-up their surf boards; having just welcomed the beginning of their summer.

As much as I hate that about them, nothing warms up my cold nights better than a glass of full-bodied Shiraz, the grape that single-handedly turned Australia into a winemaking force to be reckoned with back in the mid-'80s.

Though today they may be more well-known for quaffable versions, there's still

plenty of meaty and muscular Shiraz to be found on the shelves at your local liquor store.

The Jacob's Creek 2013 Double Barrel Shiraz (Australia, \$16.49-\$20.99) pumps up the volume with an innovative take on aging. After resting in a combination of French and American oak for over a year the Barossa juice then sees some time in used Scotch whisky barrels.

The finished wine is a mouthful of complexity that will make a great gift for any red lover on your holiday list.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



## FOOD BRIEF

### Beer mile record holder defends title on Ellen

Lewis Kent has another victory to add to his running resume — winner of Ellen's Beer Mile Race.

The 21-year-old from Mis-

sissauga, Ont., who broke the beer mile world record last month, beat an Ellen staff member on Tuesday's episode of The Ellen DeGeneres Show.

THE CANADIAN PRESS

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# Step away from the onion-soup mix

## PARTIES

### Home-made dip is way more healthy and delicious

Although dipping sauces are part of many party scenarios, it's easy to treat them as an afterthought.

Most supermarkets have the usual suspects — jars of salsa or plastic tubs of onion, dill or spinach dip, hummus or tzatziki. Buy one, take the lid off and you're good to go.

But they're not cheap, they're often high in salt and/or sugar, and may contain preservatives. It's much more interesting to concoct your own flavour combinations to wow guests with little effort and at a lower cost. Dips are also a great way to encourage guests to eat their veggies, says Brooke Bulloch, owner of Food to Fit, a nutrition con-

sultation firm in Saskatoon.

Then there's the nutrition factor of the dips themselves.

"With homemade dips, we can better control the ingredients," she says. "A lot of dips have full-fat cream cheese or mayonnaise. With homemade, you could lighten up a guacamole by adding yogurt and salsa. You can also make it go farther."

"You could lighten up a spinach dip with light cream cheese and plain yogurt instead of full-fat cream cheese and mayonnaise."

Bulloch, who is also a spokesperson for Dietitians of Canada, is a huge fan of plain two per cent Greek yogurt

as a dip base.

"It doesn't have to be zero fat because that's where a lot of the flavour comes," she says. "But it's rich in protein and you actually get some nutrients, B12 and calcium. And because Greek yogurt is so thick, it gives the texture we look for in dips."

For example, she makes a Mexican-style dip by adding cumin, chili powder and a little salt to the yogurt; a Greek-style tzatziki by combining the yogurt with lemon and cucumber; or a spicy dip by adding Sriracha, garlic and chili powder.

THE CANADIAN PRESS



Why buy a plastic tub of dill dip when you can make Pina Colada Dip yourself? DAIRYGODNESS.CA

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# Hanson is old enough to drink

MMMHOPS

## Boy band brews their own award-winning beer

The problem with getting liquored up with the Hanson brothers — yes, the MMBop boys — is that you can't get that tune out of your head the entire time you're talking to them. Or for days after. Apologies for the ear worm.

The only consolation is that they're no longer boys, which makes the whole affair seem less icky. Because when you say to yourself, "I'm going drinking with Hanson," the mental image is of pounding back a few with the bouncy preteens from those "ba du bop, ba duba dop" music video days. Luckily, like the rest of us, they grew up. And it turns out, they grew into really nice guys who not only are still making music, they also are pleasantly obsessed with craft beer.

So obsessed, in fact, that they've launched their own, a pale ale. That's right. You can now pop open an Mmmhops



Brothers take a break from brewing beats to develop their own signature beer. THE ASSOCIATED PRESS

(tagline: From the Guys That Invented Mmmhops).

Their music careers have chugged along pleasantly since 1997, the year MMBop was seared into our pop ethos. Careers quiet by industry standards, yet robust enough with a fervent fan core to keep the brothers happy. Meanwhile, 18 years of tours and time on the road mean they've sampled a whole lot of

good (and bad) beer. (You can do the math. Isaac, Taylor and Zac Hanson are 34, 32 and 30, respectively, and are pretty shameless about how long they've been sipping suds.)

"We travelled the world as kids and we got turned on to great beer," said Isaac Hanson. "At some point you decide to take something you really like and turn it into a business you love."

A few years ago — around the same time they launched the Hop Jam beer and music festival in Tulsa, Okla. — they started playing around with making their own beer. The brothers found they not only enjoyed the process, but the results weren't so bad, either. So at the end of their 2013 tour, they put off work on a new album to focus on brewing. Eventually, they contracted with

66

**We won a gold medal for our beer before we won a Grammy.**

Taylor Hanson

Mustang Brewing Company in Oklahoma City to make the operation legit and today Mmmhops — winner of a gold medal from the Beverage Tasting Institute in 2014 — is available in 16 states.

And though the brothers — now all married and all with multiple children — see their music and beer in a symbiotic relationship, they're not averse to the thrill of one outshining the other.

"Hey! We won a gold medal for our beer before we won a Grammy," said Taylor Hanson. "I'll take that!"

Despite the name the beer isn't overtly hoppy; it's actually a pretty good beer: citrusy, clean tasting and totally drinkable. The brothers see it as an entry point to craft brews, particularly for fans of their music.

THE ASSOCIATED PRESS

## GOSSIP IN BRIEF

### George Lucas defends Greedo shooting first

George Lucas is getting his fans going by bring up a contentious topic from the Special Edition versions of the original films released in 1997: Greedo shooting first. In an interview with the Washington Post he tells why he still thinks it was a good idea to digitally alter the original Star Wars so that Han Solo gets shot at before he takes down his nemesis.

"Han Solo was going to marry Leia, and you look back and say, 'Should he be a cold-blooded killer?'" Lucas says. "Because I was thinking mythologically — should he be a cowboy, should he be John Wayne? And I said, 'Yeah, he should be John Wayne.' And when you're John Wayne, you don't shoot people (first) — you let them have the first shot. It's a mythological reality that we hope our society pays attention to."

Harrison Ford has made his feelings on the matter perfectly clear, saying in a 2014 Reddit AMA, "I don't know, and I don't care."

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JOHANNA SCHNELLER WHAT I'M WATCHING

# Not just a plot device: the warranted fight

**Scott & Bailey: Season 3, Episode 7 (Netflix)**

At the end of Episode 6, Manchester police Detective Constable Janet Scott (Lesley Sharp) stumbled upon her cop partner and best friend, Rachel Bailey (Suranne Jones), in her guest bedroom, in flagrante delicto.

This infuriates her: Rachel is married, and Janet's sick of Rachel's compulsion to screw up her life. In Episode 7, they have a humdinger of an argument, in which they both say specific, accurate, hurtful things.

Now, I'm wary of the girlfriend trope. Too many shows depict women as inevitable enemies — all factual evidence of lifelong, sustaining female friendships be damned. Scott & Bailey was different. It was centred on the power of women working well together. It resisted the girlfriend.

This argument, however, turns out to be earned. It's not so much the two minutes of shouting in Janet's car — it's the rest of the episode, the aftermath, scene after scene of Janet and Rachel feeling frosty, anxious and mis-



**Scott and Bailey** explores the mysteries of female friendship. CONTRIBUTED

erable. They won't meet each other's eyes. They try to appear nonchalant, but they're vibrating with hurt. They keep searching each other for signs of weakness, but when they see them, they double down on punishing each other instead of forgiving.

Things aren't resolved neatly either. The tension continues

into Episode 8, and it pushes both women to admit uncomfortable things about themselves. Rather than denigrating female friendships, this fight shows how important they are, and how wounding it is when they fail, even temporarily. Friendship is love, after all, and like all love, it comes with pain.

STAR WARS

## The Force Awakens with virtual reality app and Google Cardboard

**Kris Abel**  
For Metro Canada


The chance to get up close with the Millennium Falcon alone is enough to make it worth trying out a series of virtual reality movies launching this week for free through the official Star Wars app. For the full effect you'll need a Google Cardboard viewer, an inexpensive box that folds into goggles around your phone, available online through Amazon, Indigo, Unicef.ca, and Google.com/cardboard.

Awaken The Force Within includes chapters that are just a few minutes in length, but detail a storyline that leads up to the opening moments of Star Wars: The Force Awakens. Intended by

Lucasfilm as their first, convincing use of virtual reality, the experiences go beyond just giving you a 360 degree "look around" to actually placing you into the boots of characters so you can take part in the spectacle

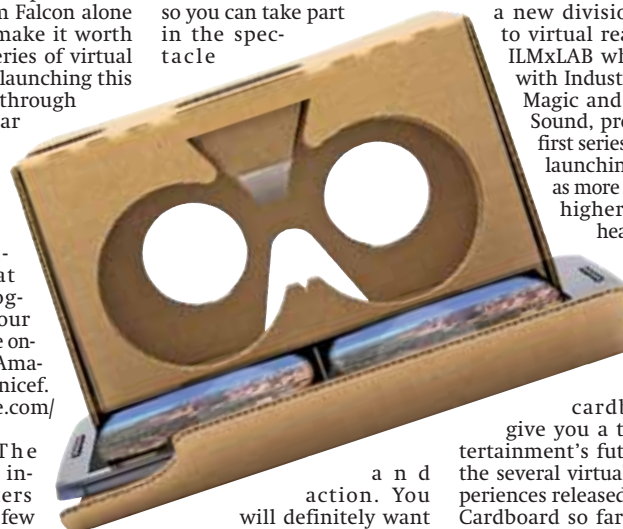
Lynwen Brennan, Lucasfilm General Manager, "but I do know that we have the most expansive universe to explore in Star Wars."

Brennan has launched a new division devoted to virtual reality called ILMxLAB which, along with Industrial Light & Magic and Skywalker Sound, produced this first series and will be launching new ones as more realistic and higher priced VR headsets arrive next year.

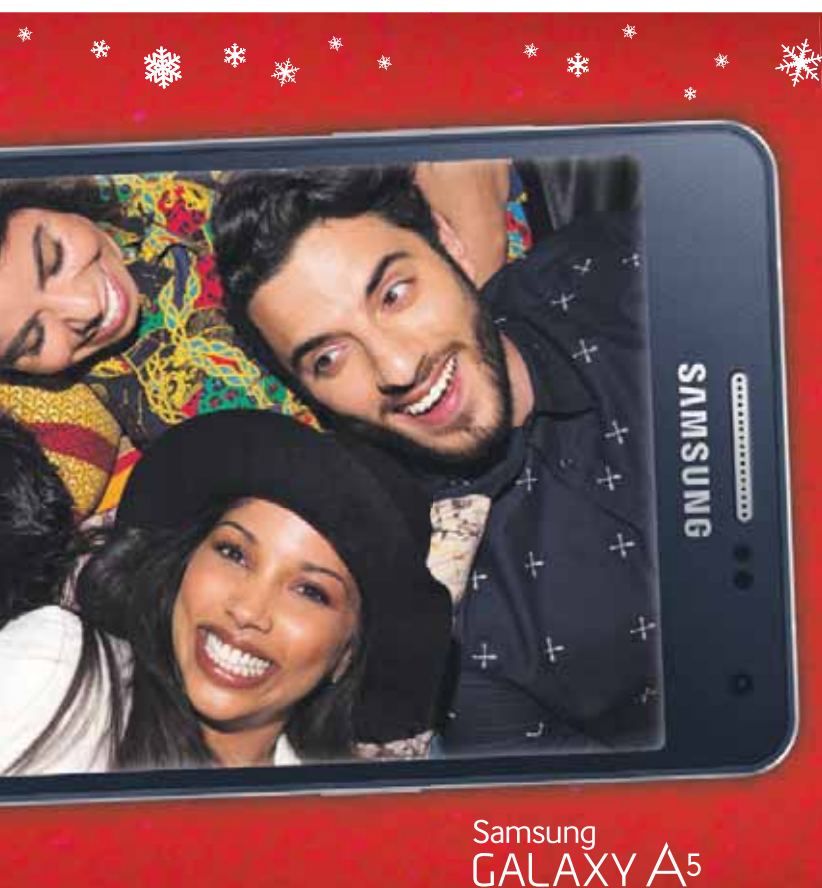
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cardboard can

give you a taste of entertainment's future, but of the several virtual reality experiences released for Google Cardboard so far, including clips based on The Hunger Games and Broadway's The Lion King, this Star Wars experience by far has the most convincing magic.



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## Leaders of the pack

Last week, the Automobile Journalists Association of Canada revealed the winners in nine best-of categories for 2016. Mercedes-Benz and Volkswagen were the big winners, taking two honours each, while Chevrolet, Honda, Kia, Mazda and Volvo also scored awards. Metro's Mike Goetz and Jil McIntosh were among the more than 70 judges who took part. Here are their takes on a few of the winners. **METRO CANADA**

### AJAC winners: A roundup

#### 1 Family Car: Volkswagen Golf Sportwagen 1.8 TSI

Mike Goetz: "A fully modern station wagon equipped to ace all family assignments."

#### 2 Pickup: Chevrolet Silverado

Jil McIntosh: "A new eight-speed automatic mated to the V8 provides even smoother performance."

#### 3 Small Car: Honda Civic Sedan

Mike: "A trim, well-engineered decathlete that excels at everything."

#### 4 Sports/Performance under \$50K: Volkswagen Golf R

Jil: "Fast, sharp, and beautifully balanced, the Golf R is the ultimate 'hot hatch.'"

#### 5 SUV/CUV under \$35K: Mazda CX-3

Mike: "Tiny perfect crossover."

#### 6 Prestige/Performance: Mercedes-AMG GT S Coupe

Jil: "When I win the lottery, this is the first thing I'm going to buy."



### EMISSIONS

## French carmakers get top marks in CO2 tests

French manufacturers topped the list of European cars and vans with the lowest carbon emissions, the European Environment Agency said in a report published on Thursday.

French vehicle brands Renault, Peugeot and Citroen — which ranked first, second and third — had an advantage in the study because average emissions data was evaluated without taking into account the number of cylinders in the engine or the fuel.

France sells smaller engines in southern Europe, and the French market is also dominated by

diesel engines, which generate less CO2 than petrol.

In 2014, Renault retained its first-place ranking, with 108 grams of carbon dioxide per kilometre (g/km), ahead of Peugeot (110 g/km), which had previously been third behind the Korean Hyundai, and Citroen (111 g/km), which had previously been tied at fourth.

Overall, vehicles sold in Europe in 2014 emitted 2.5 per cent less CO2 than in 2013, a decrease that remained constant compared to previous years. But this figure excludes Volkswagen after

### IN THE LAB

The emissions data were based on tests performed in a laboratory setting using a standard European vehicle test cycle. The results might not reflect real-world driving performance, the report said.

the company admitted in early November that its emissions were 18 per cent higher than previously reported. AFP



Renault retained its first-place ranking among European car brands. ERIC PIERMONT/AFP

### IN BRIEF

#### Honda Pilot gets a five-star safety rating

The National Highway Traffic Safety Administration (NHTSA) has given Honda's mid-sized SUV its highest overall vehicle score.

The award follows a similar five-star rating from NCAP in the U.S. and an equally important Top Safety Pick+ rating from the Insurance Institute for Highway Safety (IIHS), when the car is specified with optional crash prevention equipment. AFP



#### Mazda MX-5 scoops Japan car of the year award

The sixth-generation Miata MX-5 roadster has been honored with the Japan Automotive Hall of Fame's (JAHF) top annual accolade.

The JAHF's judges said that the MX-5 won car of the year because of its sophistication and for its fuel efficiency as much as for its handling and driver involvement.

Since its launch in 1989, the convertible has managed to sell 500,000 examples despite being in a very competitive niche. AFP



# Creating the sound of a superior ride

## DRIVING FORCE

### Buick turns to new methods in noise reduction and tuning

Jil McIntosh  
For Metro Canada



There are many factors that go into designing and engineering a car, and one of them is the way it sounds inside. The more luxurious a vehicle is, the quieter its cabin is expected to be.

But traditional noise-suppressing materials can be heavy, and any extra weight can reduce fuel efficiency. As automakers strive to trim the fat off their vehicles, many are going to new methods, such as the materials Buick is using in its all-new 2017 LaCrosse.

"In the past, we've tried to block the noise out," says Lesley Weiss, noise and vibration engineer for GM's global mid-size cars. "The current system has foam. We call it a barrier

system. It's foam with an oil-based back, like a heavy mat."

Instead of lining the inside of the cabin with these heavy materials, Buick uses a variety of lighter-weight systems, each type used depending on where it's placed. The carpets and wheel well liners absorb noise, but the LaCrosse's most interesting method is a pad attached inside the front of the dash. Rather than block noise as traditional barriers do, the mat absorbs it.

The pad, which is made of an engineered cotton material, works the same way as soft materials do in your home. Noise will reverberate in an empty room with hard walls and floor, but adding carpet, drapes and upholstered furniture will make the room quieter as they absorb the sound. "We let the noise into that area of the car and absorb it, versus a heavy layer that blocks it out," Weiss says. "It costs about the same (as a barrier) but weighs less."

#### The right sound

But getting a vehicle's cabin sound right isn't just about keeping the noise out. The



The new Buick LaCrosse uses special materials to reduce cabin noise. COURTESY GENERAL MOTORS

car's switches, dials and levers all make noise when they're activated, but the sound they make is not random. Engineers work on all of them to ensure they're just right, whether it's that the driver knows a switch is engaged

without having to look at it, or that the shifter has the right "click" to it.

But while engineers try to shave grams of weight from every component, which adds up over the thousands of parts in a car, it creates new chal-

lenges to keep their noise and vibration down. A lightweight button, for example, may make an odd sound. "We'll work with the supplier to determine what is making the noise inside it," Weiss says. "There may be a spring that

## + THE SCIENCE

- Many automakers use active noise cancellation, which sends inaudible sound waves from the speakers, even when the stereo is playing, that help cancel out unwanted engine noise.

- Buick engineers have their own standards for noise levels, but they also bring in competitors' cars for comparison.

- Sports cars are much noisier than family vehicles, and that's part of their appeal, but even they are engineered to have the "right" engine, exhaust and cabin sounds.

pushes the button back up and it has some ring, so we can add something for increased damping. (The fix is) specific to every noise, and how you attack it is different. We're concerned about everything that makes noise in the car."

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## Eskimos fans join the fun

CFL

### Grey Cup win celebrated in Edmonton cold

The Edmonton Eskimos held a downtown Grey Cup party Tuesday for hundreds of cheering, horn-blowing, bell-ringing fans.

And quarterback Mike Reilly admitted his team is not pretty — but it is pretty good.

"I told you guys we were gonna bring it home," Reilly, standing beside the Cup, said to the cheering throngs of fans, most dressed in green and gold.

He then gestured to his teammates and said, "They may not be the best looking, but I got the best teammates in the world."

The fans, basking in the bright early afternoon sun with temperatures around the freezing mark, came to celebrate the team's 14th CFL championship.

Some waved Eskimos flags the size of bedsheets. Team mascots hugged kids and posed for photos. Eskimos cheerleaders performed somersaults in the air and the players signed autographs on stage and tossed tiny footballs into the crowd.

The Eskimos defeated the Ottawa Redblacks 26-20 in the CFL title game Sunday in Winnipeg. It was the team's first championship in a decade, and just two years removed from a woeful 4-14 campaign.

Reilly told the crowd they remember those dark days.

"I told (defensive lineman) Odell (Willis) a couple of years



Eskimos quarterback Mike Reilly signs autographs for fans during a fan rally at Churchill Square on Tuesday.

JASON FRANSON/THE CANADIAN PRESS

ago when we could only win four games, I said, 'Man remember that because there's gonna be a time when it's all worth it,'" said Reilly.

Head coach Chris Jones called his team's performance a "magical ride."

"All these players, they sacrifice a lot for this city and

**“They may not be the best looking, but I got the best teammates in the world. Mike Reilly**

to be able to play this game," he added.

He pointed at them and said, "You guys are the reason, man. You guys are the reason we

put a championship back in this city."

General manager Ed Hervey labelled the fans the animating spirit of the franchise.

"It's very much appreciated, your loyalty to this club, your passion," said Hervey.

"I want to say this to you, we love all of you. I love you all personally," he added.

And as the cheering and horn-blowing again reached a crescendo, he shouted: "We're back!" THE CANADIAN PRESS

MLB

### Price set to join BoSox: Report

It looks like David Price won't be back with the Toronto Blue Jays next season.

The Boston Globe is reporting that Price has agreed to a seven-year deal with the Red Sox worth a whopping \$217 million US.

Price was acquired by the Blue Jays near the trade deadline last season in a deal with the Detroit Tigers.



David Price

GETTY IMAGES

He was excellent down the stretch and helped Toronto end its 22-year playoff drought.

Price went 18-5 with a 2.45 earned-run average last season for the Blue Jays and Tigers.

He finished second in the voting for the American League Cy Young Award behind Houston's Dallas Keuchel. He had won the award in 2012 while with the Tampa Bay Rays.

THE CANADIAN PRESS

9

In 11 regular-season starts with the Blue Jays, Price won nine games and was tagged with just one loss.

NHL

## Oilers' supposed strength actually a glaring weakness



THE HOCKEY NEWS

Ryan Kennedy  
FOR METRO

While much of the hockey world was focused on the fact that Toronto Maple Leafs rookie Garret Sparks was the first netminder in franchise history to record a shutout in his NHL debut, it's hard not to acknowledge Edmonton's part in the storyline. The Oilers were on the wrong side of the 3-0 final, in every sense of the word. Sure, there were

a couple of chances, but you have to put up more than 24 shots on a kid who has never played an NHL game before — especially when the Leafs aren't exactly the 2007 Anaheim Ducks when it comes to defence.

And this strikes at the heart of Edmonton's dissolving efforts this season. The Oilers rank

21st in the NHL in shots per game with 28.8 on average. This is a major problem because offence is the only thing this team is built to do well and if they can't even do that, then where are we?

Does the absence of Connor McDavid and Nail Yakupov hurt? In the short-term, of course. But they haven't been out all

season and the Edmonton offence hasn't been good at all. Keep in mind, the Oilers scored just three goals total in their first three games of the season and have now gone through a stretch of five games with just six goals.

While Anders Nilsson has been decent in net, he can't

do it alone.

And getting back to the existential question at hand, if the Oilers can't score, what can they do? All of the franchise's recent No. 1 picks have been used on finesse forwards and the only top-10 selection to come with blue-line credentials is Darnell Nurse.

It is far past the time to blow up the Oilers real good, even if this is the first year of GM Peter Chiarelli's tenure. Having a coach with a winning pedigree (Todd McLellan) hasn't done anything

and assuming the Oilers miss the playoffs this year (which they will), it has now been a decade since that magical run to the Stanley Cup final. No team in the NHL has been worse. Can the Oilers land defenceman Travis Hamonic from the New York Islanders? The possibility is out there and if Edmonton has to trade a big name to do so, now is the time. Because you can't win with a one-dimensional team — the past decade has proven that in the most painful terms possible.



Todd McLellan

GETTY IMAGES

ON TAP

The Oilers will look for just their second win in six games when they host the Bruins on Wednesday night.



# RECIPE Ginger Pork Noodles



PHOTO: MAMA VINNYE

**Ceri Marsh & Laura Keogh**  
For Metro Canada

- Salt and pepper to taste
- 250g rigatoni pasta

## Directions

1. Prepare pasta according to package instructions.
2. Heat olive oil in a wok or deep frying pan. Soften onion for 3 minutes. Add mushrooms and cook for three minutes then add the pork.
3. Once pork is no longer pink, add garlic and ginger and simmer for another 3 minutes. Season with salt and pepper to taste. Add sugar snap peas. Combine and then pour stock over pork mixture. There should be enough stock covering the meat and vegetables so that it is soupy. Add chopped spring/green onion and stir until blended.
4. Ladle over the noodles and garnish with cilantro.

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Switch up your usual pasta dinner with this light and zingy recipe.

## Ready in

Prep time: 20 minutes

## Serves 4

## Ingredients

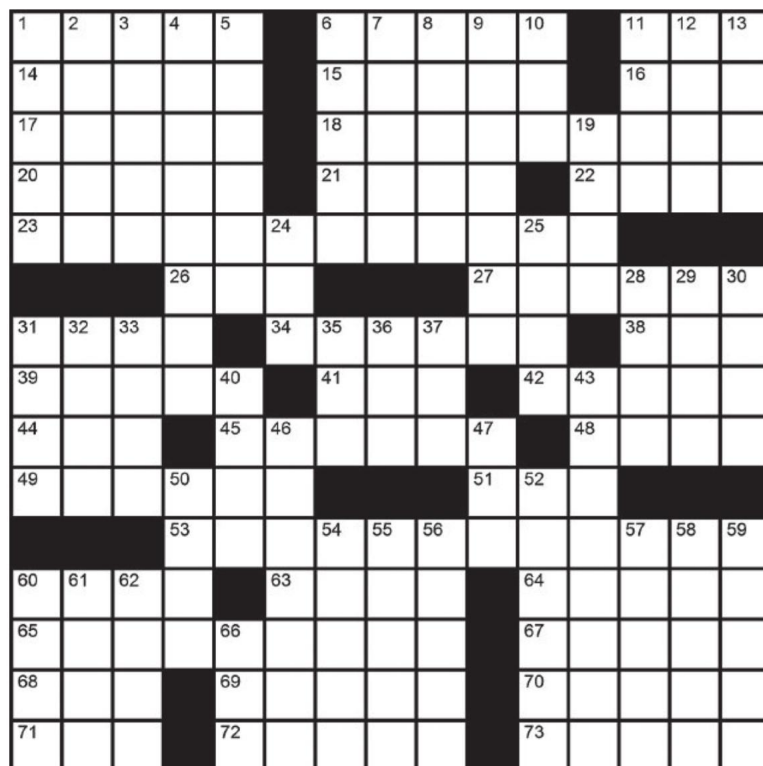
- 500g minced pork
- 2 Tbsps olive oil
- 2 Tbsps chopped spring onions
- 1 onion, chopped
- 1 cup sugar snap peas (or any crunchy green vegetable)
- 1/2 cup of chopped mushrooms
- 8 cloves garlic, chopped or crushed
- 2 Tbsps ginger, minced
- 2 1/2 cups chicken stock
- 2 or 3 green onions, thinly sliced
- 1 Tbsp fresh cilantro

# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. Change with the times
6. "Will & \_"
11. Sneeze starters...
14. Prefix to 'dermabrasion' (Spa service)
15. Revolving mechanism
16. Cacharel perfume
17. Andes people in history
18. Ancient Greek Mythology: Commander in the Trojan War
20. Draped dresses
21. "\_\_\_ Fiction" (1994)
22. "\_\_\_!... I Did It Again" by Britney Spears
23. Song written by Burton Cummings that goes "Maybe I'll be there to shake your hand...": 3 wds.
26. 'Glycer' suffix
27. Donald Sutherland's other actor son
31. Chill
34. Montreal Canadiens legendary goaltender Ken
38. Pressure meas.
39. Tobias \_\_\_ Jr. (Canadian musician who co-wrote "When We Were Young" with Adele)
41. Mr. Fleming
42. Being beholden
44. Ms. Ortiz of "Ugly Betty"
45. Actress, Nicole \_\_\_
48. Adam & The \_\_\_
49. Cites
51. 'Delic' suffix
53. Cape Breton Island community mentioned in Canadian



- folk tune "Song for the Mira": 2 wds.
60. Beach torch
63. Play's beginning, \_\_\_
64. NBC soap, "Days \_\_\_ Lives"
65. Active
67. Hair products brand

68. Justin, to Margaret
69. \_\_\_ toys
70. Ms. Carter of '80s sitcom "Gimme a Break!", and namesakes
71. Wile E. Coyote's blaster
72. "Steady \_\_\_

- goes!"
73. TV wife of Steven Keaton

## DOWN

1. Awry
2. Singer Ms. Washington
3. Capital of Ghana
4. Manitoba's lo-

- cale, with The
5. \_\_\_ salad
6. \_\_\_ paper (Light blue boxes purchase)
7. Varlet
8. "Any Time \_\_\_" by The Beatles
9. Liken
10. William Shakespeare's 'earlier'

11. Year, fancy-style
12. Target in basketball
13. Lacking
19. London's hip
- '60s youths
24. Mr. McGinley
25. Faux pas
28. Twirl
29. Not is
30. Dates' friends in the Produce Dept.
31. Opened slightly
32. Trait carrier
33. Thunderbirds org.
35. Clear
36. Root vegetable
37. Scientific ID
40. Gumbo ingredient
43. "The \_\_\_": Gordon Lightfoot song that mentions a Robin and a Nest
46. Belonging to Jerusalem's country
47. Catch
50. Mideast chieftain, variantly
52. Tom Hanks/Julia Roberts flick, "Larry \_\_\_" (2011)
54. Rhythmic-al stress
55. Range in Quebec, \_\_\_ Mountains
56. Carved out spot
57. Country star Ms. Parton
58. Some birds
59. Record over
60. Check
61. Barge \_\_\_ (Intrude)
62. Superman's surname
66. Student's
- 4.0, e.g.

# ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
In ending a feud don't give too much away. If you compromise you must do so from a position of strength. If you give in too easily your rivals may take it as a sign of weakness.

**Taurus** April 21 - May 21  
You can't put a foot wrong, but if you are smart you will look ahead. Lady Luck is on your side — make the most of it but don't exhaust yourself.

**Gemini** May 22 - June 21  
You don't seem to be short of admirers but don't let it go to your head. Also, watch out it does not affect your health. If you accept each and every social invitation that comes your way you will exhaust yourself before the end of the week.

**Cancer** June 22 - July 23  
Don't take what others tell you too seriously. It could be their comments are genuine but it is just as likely they are saying what they think you would like to hear. You don't need flattery — you know how amazing you are.

**Leo** July 24 - Aug. 23  
If you're bored with your social scene then do something about it. There's a party going on somewhere, make an effort and you can find it. Failing that, throw a party of your own.

**Virgo** Aug. 24 - Sept. 23  
You cannot see the whole picture concerning a money matter. You may be tempted to take the kind of risk you would usually avoid — it is not a good idea.

**Libra** Sept. 24 - Oct. 23  
With Venus and Mars, the relationship planets, moving through your sign you must let those you care for know how much they mean to you. Do it now because Venus leaves your sign at the weekend.

**Scorpio** Oct. 24 - Nov. 22  
Others can cut corners but you must continue to play by the rules. Don't worry if your rivals pull ahead because their underhand methods will come back to haunt them.

**Sagittarius** Nov. 23 - Dec. 21  
The planets indicate there is much you can accomplish but it is unlikely you will get far on your own. Put aside your differences and focus on shared aims and ambitions.

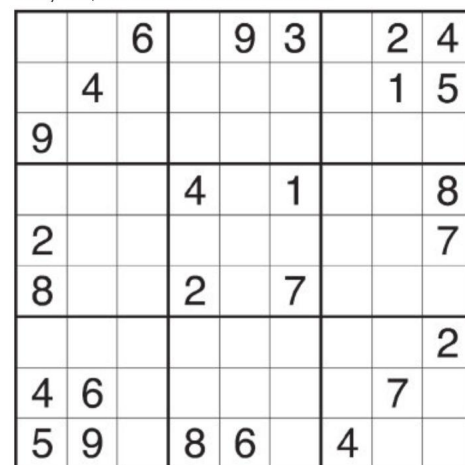
**Capricorn** Dec. 22 - Jan. 20  
Some individuals are so full of their own importance that they think they can do or say anything and get away with it, but you know better. They will pay for their arrogance one day.

**Aquarius** Jan. 21 - Feb. 19  
Keep your ideas to yourself. If you let slip what you are planning you may lose out in a big way. You may be friendly by nature but in some situations it can be your undoing.

**Pisces** Feb. 20 - March 20  
It may seem as if certain factors are working against but there is no need to panic. The planets are making some situations seem tougher than they really are, so hang on in there — your luck will change soon.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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